



PE Curriculum

2025-26

Our Intent for Physical Education at Roundhill Primary School

PE is an important subject for us at Roundhill; regular physical exercise contributes to good physical and mental health, which builds team spirit and helps children to be in a positive state of mind for learning across the curriculum.

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.” – John F Kennedy

Participation in sport inspires pupils to succeed in competitive events and other physically-demanding activities. Such opportunities build character and help to embed values such as fairness and respect. We want to aid our children in obtaining the values and skills to celebrate and respect the success of others as well as modestly celebrating their own successes.

“The game is never more important than the people you play with.” – Debra Demaline Maxted

Our intent is to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives
- build resilience and strength to aid success.

“I’ve failed over and over again in my life. And that is why I succeed.” – Michael Jordan

We provide a wide range of sporting activities to enrich our PE curriculum, and to help it go beyond the statutory requirements of the National Curriculum. As well as regular PE lessons and opportunities to be taught weekly by fully qualified PE specialists, we make good use of external coaches and visitors to inspire physical exercise. Additional opportunities are built in across the week to promote physical activity (e.g. Movement breaks, skipping, Go Noodle...).

A range of extra-curricular provision supplements the opportunities for children to engage in sports. This programme has been developed in consultation with the children. Clubs are non-selective and all pupils are encouraged to participate regardless of their physical ability.

Implementation

At Roundhill we have invested in a powerful PE scheme of work called 'Get Set 4 PE'. This offers all children the opportunities to develop their physical fundamental movement skills, as well as achieving whole child objectives through gaining a knowledge of rules, strategies and tactics and building an understanding of healthy participation.

Each lesson plan has progressive activities that are designed to inspire and engage our pupils; they have clear learning objectives with key success criteria, which provides information to help pupils develop their skill level and to consider how successful they have been within a lesson. Differentiation tasks provide activities with simple changes to appropriately challenge/support to ensure all pupils are successful and feel included.

We recognise that learning takes time; all lessons are sequential and build on prior knowledge and skills. Our pupils benefit from high quality instruction, time to practise and receiving meaningful feedback. They are also given enough time to revisit and develop their knowledge to gain a competence within PE.

We aim to ensure that our delivery of physical education allows all children to have the skills and mindset to leave primary school with the capabilities to be successful in their sporting challenges and active lifestyles at secondary school and beyond.

We strive to educate both our children and families to develop a greater understanding on how to live healthy lifestyles and make healthy choices. We are dedicated to ensuring healthy minds as well as bodies and will continue to support our children's well-being.

Unit Overview – 2025-26

2025-26	T1	T2	T3	T4	T5	T6
Nursery 1	<i>PD: gross motor skills development; indoor and outdoor</i>	<i>PD: gross motor skills development; indoor and outdoor</i>	<i>PD: gross motor skills development; indoor and outdoor</i>	<i>PD: gross motor skills development; indoor and outdoor</i>	<i>PD: gross motor skills development; indoor and outdoor</i>	<i>PD: gross motor skills development; indoor and outdoor</i>
Nursery 2	<i>Introduction to PE: Unit 1</i>	<i>Fundamentals: Unit 1</i>	<i>Dance: Unit 1</i>	<i>Gymnastics: Unit 1</i>	<i>Games: Unit 1</i>	<i>Ball skills: Unit 1</i>
Reception	<i>Introduction to PE: Unit 2 Apparatus</i>	<i>Fundamentals: Unit 2 Apparatus</i>	<i>Dance: Unit 2 Apparatus</i>	<i>Gymnastics: Unit 2 Apparatus</i>	<i>Games: Unit 2 Apparatus</i>	<i>Ball skills: Unit 2 Apparatus</i>
Year 1	<i>Fundamentals Fitness</i>	<i>Gymnastics Invasion Games</i>	<i>Dance Net and Wall Games</i>	<i>Apparatus Sending and Receiving</i>	<i>Target Games Ball Skills</i>	<i>Athletics Striking and Fielding Games</i>
Year 2	<i>Team Building Apparatus</i>	<i>Yoga Dance</i>	<i>Fitness Ball skills</i>	<i>Gymnastics Net and Wall Games</i>	<i>Invasion Games Target Games</i>	<i>Athletics Striking and fielding games</i>
Year 3	<i>Dance Basketball</i>	<i>Cricket Dodgeball</i>	<i>Gymnastics Ball Skills 3/4</i>	<i>Tag Rugby Hockey</i>	<i>Rounders OAA</i>	<i>Yoga Athletics</i>
Year 4	<i>Dance Basketball</i>	<i>Dodgeball Cricket</i>	<i>Gymnastics Swimming</i>	<i>Hockey Tag rugby</i>	<i>Rounders OAA</i>	<i>Yoga Athletics</i>
Year 5/6	<i>Netball Dodgeball</i>	<i>Volleyball Cricket</i>	<i>Fitness Handball</i>	<i>Hockey Golf</i>	<i>Tennis Rounders</i>	<i>Yoga Athletics</i>

Our long-term progression map (from Get Set for PE) can be found on the school website.